

# REAL SEEDS

Jan Feb Mar Apr May June July Aug Sept Oct Nov Dec

Onions (maincrop)	Sow											
	Harvest							H	H	H	H	
Aubergines	Sow											
	Harvest							H	H	H	H	H
Broad beans	Sow											
	Harvest					H	H	H	H	H		
Lettuce	Sow											
	Harvest				H	H	H	H	H	H	H	H
Mizuna, mibuna etc	Sow											
	Harvest				H	H	H	H		H	H	H
Peppers (sweet & hot)	Sow											
	Harvest							H	H	H	H	H
Celery / celeriac	Sow											
	Harvest								H	H	H	H
Peas	Sow											
	Harvest					H	H	H	H	H		
Brussels sprouts	Sow											
	Harvest	H	H	H	H						H	H
Carrots	Sow											
	Harvest					H	H	H	H	H	H	H
Leeks	Sow											
	Harvest	H	H	H	H					H	H	H
Pumpkins & winter squash	Sow											
	Harvest									H	H	H
Tomatilloes/groundcherries	Sow											
	Harvest							H	H	H	H	H
Tomatoes	Sow											
	Harvest						H	H	H	H	H	H
Beetroot	Sow											
	Harvest						H	H	H	H	H	H
Chard	Sow											
	Harvest						H	H	H	H	H	H
Fennel	Sow											
	Harvest						H	H	H	H	H	H
Kale	Sow											
	Harvest	H	H	H	H	H	H	H	H	H	H	H
Sweetcorn	Sow											
	Harvest								H	H	H	
Turnips	Sow											
	Harvest							H	H	H	H	H
Broccoli - calabrese	Sow											
	Harvest							H	H	H	H	
Cabbage - summer / autumn	Sow											
	Harvest							H	H	H	H	H
Cauliflower - summer/autumn	Sow											
	Harvest								H	H	H	H
Parsnips	Sow											
	Harvest	H	H	H	H					H	H	H
Radishes (summer)	Sow											
	Harvest							H	H	H	H	H
Cabbage - winter / savoy	Sow											
	Harvest	H									H	H
Courgettes / summer squash	Sow											
	Harvest							H	H	H	H	
Cucumbers & relatives	Sow											
	Harvest							H	H	H	H	H
Kohl rabi	Sow											
	Harvest							H	H	H	H	H
Beans - French & runner	Sow											
	Harvest							H	H	H	H	H
Broccoli - purple sprouting	Sow											
	Harvest							H	H	H	H	H
Swedes	Sow											
	Harvest										H	H
Radishes (winter)	Sow											
	Harvest	H	H								H	H
Cabbage - spring	Sow											
	Harvest											
Onions (overwintering)	Sow											
	Harvest							H	H	H		
Cauliflower - spring	Sow											
	Harvest											

Key  = normal sowing time  = also possible \*  = normal harvesting time  = also possible\* (\* depending on conditions)  = from storage